

**Practice Self Advocacy**

**For each of the areas put together the components of a plan?**

**SELF ADVOCACY AT HOME**

Identify the problem \_\_\_\_\_

Brainstorm potential solutions

\_\_\_\_\_  
\_\_\_\_\_

Identify who needs to be part of the plan

\_\_\_\_\_

Identify additional information that you need to gather

\_\_\_\_\_  
\_\_\_\_\_

Describe the Plan

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Formulate your talking points

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe a strategy to evaluate your plan

\_\_\_\_\_  
\_\_\_\_\_